

Eagle Rock Exploration closes Antelope Lake disposition and appoints VP Exploration

April 7, 2008 - Eagle Rock Exploration Ltd. ("Eagle Rock" or the "Company") (TSXV:ERX) is pleased to announce that it has closed the previously announced sale of its non-operated working interest properties in the Antelope Lake area of southwest Saskatchewan for cash proceeds of \$6,880,000 and a 100% working interest in 525 net acres of undeveloped land in Antelope Lake.

Eagle Rock is also pleased to announce the approval by its Board of Directors to the appointment of John Duhault as Vice-President, Exploration, of Eagle Rock. Mr. Duhault, the former President and Chief Executive Officer of Dragonheart Resources Limited, a private oil & gas company acquired by Eagle Rock, joined Eagle Rock as Exploration Manager upon closing of that transaction in December 2007. Mr. Duhault, a Professional Geophysicist, has over 20 years of oil & gas exploration experience in the Western Sedimentary basin.

About Eagle Rock

Eagle Rock is a publicly traded energy company involved in the exploration and development of low to medium risk oil and gas properties in Western Canada. Eagle Rock's common shares trade on the TSX Venture Exchange under the symbol "ERX".

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

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